



Staple Foods in Panama

February 2026

Table of Contents

Staple Foods in Panama

EXECUTIVE SUMMARY

Affordability, wellness and convenience drive demand for staple foods

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Industry shows resilience amid cost pressures

Health and wellness is key growth driver

Indulgence is key focus of innovation

WHAT'S NEXT

Steady demand for daily essentials and premium experiences

Stronger focus on healthier choices

Social media will become increasingly influential

COMPETITIVE LANDSCAPE

Productos Toledano leads highly fragmented market

Roma Prince gains traction

CHANNELS

Supermarkets remains leading channel

E-commerce shows continued dynamism

MARKET DATA

Table 1 - Sales of Staple Foods by Category: Volume 2020-2025

Table 2 - Sales of Staple Foods by Category: Value 2020-2025

Table 3 - Sales of Staple Foods by Category: % Volume Growth 2020-2025

Table 4 - Sales of Staple Foods by Category: % Value Growth 2020-2025

Table 5 - NBO Company Shares of Staple Foods: % Value 2020-2025

Table 6 - LBN Brand Shares of Staple Foods: % Value 2022-2025

Table 7 - Penetration of Private Label by Category: % Value 2020-2025

Table 8 - Distribution of Staple Foods by Format: % Value 2020-2025

Table 9 - Forecast Sales of Staple Foods by Category: Volume 2025-2030

Table 10 - Forecast Sales of Staple Foods by Category: Value 2025-2030

Table 11 - Forecast Sales of Staple Foods by Category: % Volume Growth 2025-2030

Table 12 - Forecast Sales of Staple Foods by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

BAKED GOODS

Key Data Findings

2025 Developments

Tradition, convenience and premium innovation drive growth

Industry Performance

Price stabilisation boosts demand for baked goods

Packaged leavened bread leads growth

What's Next?

Fast-paced lifestyles will drive growth

Growing interest in healthier options

Premium and international offerings will drive innovation

Competitive Landscape

Artisanal players lead sales

Bimbo is most dynamic player

Channels

Supermarkets lead through scale, wide product assortments, and premium innovation

E-commerce continues to gain traction

Category Data

Table 13 - Sales of Baked Goods by Category: Volume 2020-2025

Table 14 - Sales of Baked Goods by Category: Value 2020-2025

Table 15 - Sales of Baked Goods by Category: % Volume Growth 2020-2025

Table 16 - Sales of Baked Goods by Category: % Value Growth 2020-2025

Table 17 - NBO Company Shares of Baked Goods: % Value 2020-2025

Table 18 - LBN Brand Shares of Baked Goods: % Value 2022-2025

Table 19 - Forecast Sales of Baked Goods by Category: Volume 2025-2030

Table 20 - Forecast Sales of Baked Goods by Category: Value 2025-2030

Table 21 - Forecast Sales of Baked Goods by Category: % Volume Growth 2025-2030

Table 22 - Forecast Sales of Baked Goods by Category: % Value Growth 2025-2030

BREAKFAST CEREALS

Key Data Findings

2025 Developments

Shift towards more affordable formats within context of rising prices

Industry Performance

Demand remains concentrated amongst affluent consumers

Family breakfast cereals represents key growth driver

What's Next?

Positive growth amid continuing convenience trend

Health and wellness will play increasingly important role

Private label to gain traction

Competitive Landscape

Dicarina SA leads with Kellogg's brand

Gran Día brand gains traction

Channels

Supermarkets continue to dominate breakfast cereals

E-commerce continues to expand, fuelled by supermarkets' omnichannel strategies

Category Data

Table 23 - Sales of Breakfast Cereals by Category: Volume 2020-2025

Table 24 - Sales of Breakfast Cereals by Category: Value 2020-2025

Table 25 - Sales of Breakfast Cereals by Category: % Volume Growth 2020-2025

Table 26 - Sales of Breakfast Cereals by Category: % Value Growth 2020-2025

Table 27 - NBO Company Shares of Breakfast Cereals: % Value 2020-2025

Table 28 - LBN Brand Shares of Breakfast Cereals: % Value 2022-2025

Table 29 - Forecast Sales of Breakfast Cereals by Category: Volume 2025-2030

Table 30 - Forecast Sales of Breakfast Cereals by Category: Value 2025-2030

Table 31 - Forecast Sales of Breakfast Cereals by Category: % Volume Growth 2025-2030

Table 32 - Forecast Sales of Breakfast Cereals by Category: % Value Growth 2025-2030

PROCESSED MEAT, SEAFOOD AND ALTERNATIVES TO MEAT

Key Data Findings

2025 Developments

Demand for convenience boosts sales

Industry Performance

Positive performance in 2025, with canned tuna retaining popularity

Frozen processed meat leads growth

What's Next?

Affordability will continue as key driver

Manufacturers to emphasise healthier positioning

Private label to gain traction

Competitive Landscape

Productos Toledano SA continues as leading player

Riba Smith leads growth of private label

Channels

Supermarkets retain dominance through convenience

E-commerce benefits offers personalised shopping experience

Category Data

Table 33 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Volume 2020-2025

Table 34 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2020-2025

Table 35 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Volume Growth 2020-2025

Table 36 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Value Growth 2020-2025

Table 37 - NBO Company Shares of Processed Meat, Seafood and Alternatives to Meat: % Value 2020-2025

Table 38 - LBN Brand Shares of Processed Meat, Seafood and Alternatives to Meat: % Value 2022-2025

Table 39 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Volume 2025-2030

Table 40 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2025-2030

Table 41 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2025-2030

Table 42 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Volume Growth 2025-2030

Table 43 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Value Growth 2025-2030

PROCESSED FRUIT AND VEGETABLES

Key Data Findings

2025 Developments

Convenience drives growth amid ongoing preference for fresh produce

Industry Performance

Shelf stable offerings dominate sales

Frozen fruit is key growth driver

What's Next?

Frozen processed fruit and vegetables to lead growth

Health and wellness trend will gain traction

Rise of private label could improve accessibility

Competitive Landscape

Dicarina SA leads with Green Giant and McCain

Del Monte strengthens position through convenience and customer engagement

Channels

Supermarkets retain dominance

E-commerce is fastest-growing channel

Category Data

Table 44 - Sales of Processed Fruit and Vegetables by Category: Volume 2020-2025

Table 45 - Sales of Processed Fruit and Vegetables by Category: Value 2020-2025

Table 46 - Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2020-2025

Table 47 - Sales of Processed Fruit and Vegetables by Category: % Value Growth 2020-2025

Table 48 - NBO Company Shares of Processed Fruit and Vegetables: % Value 2020-2025

Table 49 - LBN Brand Shares of Processed Fruit and Vegetables: % Value 2022-2025

Table 50 - Forecast Sales of Processed Fruit and Vegetables by Category: Volume 2025-2030

Table 51 - Forecast Sales of Processed Fruit and Vegetables by Category: Value 2025-2030

Table 52 - Forecast Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2025-2030

Table 53 - Forecast Sales of Processed Fruit and Vegetables by Category: % Value Growth 2025-2030

RICE, PASTA AND NOODLES

Key Data Findings

2025 Developments

Rice anchors stable demand as noodles drive convenience-led growth

Industry Performance

Economic pressures sustain demand for rice as an affordable staple

Instant noodle cups register fastest growth

What's Next?

Staple carbohydrates to sustain growth

Busy lifestyles will drive demand for noodles

New policy measure aim to protect national production

Competitive Landscape

Ministerio de Desarrollo Agropecuario leads fragmented industry

Roma Prince and Tagaropulos SA gain traction

Channels

Supermarkets lead through innovation and convenience

E-commerce leads growth

Category Data

Table 54 - Sales of Rice, Pasta and Noodles by Category: Volume 2020-2025

Table 55 - Sales of Rice, Pasta and Noodles by Category: Value 2020-2025

Table 56 - Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2020-2025

Table 57 - Sales of Rice, Pasta and Noodles by Category: % Value Growth 2020-2025

Table 58 - NBO Company Shares of Rice, Pasta and Noodles: % Value 2020-2025

Table 59 - LBN Brand Shares of Rice, Pasta and Noodles: % Value 2022-2025

Table 60 - Forecast Sales of Rice, Pasta and Noodles by Category: Volume 2025-2030

Table 61 - Forecast Sales of Rice, Pasta and Noodles by Category: Value 2025-2030

Table 62 - Forecast Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2025-2030

Table 63 - Forecast Sales of Rice, Pasta and Noodles by Category: % Value Growth 2025-2030

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