



# NRT Smoking Cessation Aids in Hong Kong, China

October 2025

KEY DATA FINDINGS

2025 DEVELOPMENTS

- Slow growth for NRTs in Hong Kong
- J&J leads through dominant Nicorette brand
- Government initiatives continue to drive down numbers of smokers, while NRT products remain most prevalent in health and personal care stores

PROSPECTS AND OPPORTUNITIES

- Lack of innovation may lead to waning consumer interest in category
- Digital development set to aid smokers aiming to quit
- Rising prices in cigarettes to impact smoking uptake and encourage quitting

CATEGORY INDICATORS

Table 1 - Number of Smokers by Gender 2020-2025

CATEGORY DATA

- Table 2 - Sales of NRT Smoking Cessation Aids by Category: Value 2020-2025
- Table 3 - Sales of NRT Smoking Cessation Aids by Category: % Value Growth 2020-2025
- Table 4 - NBO Company Shares of NRT Smoking Cessation Aids: % Value 2021-2025
- Table 5 - LBN Brand Shares of NRT Smoking Cessation Aids: % Value 2022-2025
- Table 6 - Forecast Sales of NRT Smoking Cessation Aids by Category: Value 2025-2030
- Table 7 - Forecast Sales of NRT Smoking Cessation Aids by Category: % Value Growth 2025-2030

Consumer Health in Hong Kong, China - Industry Overview

EXECUTIVE SUMMARY

- Consumer Health in 2025: The big picture
- Key trends in 2025
- Competitive landscape
- Channel developments
- What next for Consumer Health?

MARKET INDICATORS

- Table 8 - Consumer Expenditure on Health Goods and Medical Services: Value 2020-2025
- Table 9 - Life Expectancy at Birth 2020-2025

MARKET DATA

- Table 10 - Sales of Consumer Health by Category: Value 2020-2025
- Table 11 - Sales of Consumer Health by Category: % Value Growth 2020-2025
- Table 12 - NBO Company Shares of Consumer Health: % Value 2021-2025
- Table 13 - LBN Brand Shares of Consumer Health: % Value 2022-2025
- Table 14 - Penetration of Private Label in Consumer Health by Category: % Value 2020-2025
- Table 15 - Distribution of Consumer Health by Format: % Value 2020-2025
- Table 16 - Distribution of Consumer Health by Format and Category: % Value 2025
- Table 17 - Forecast Sales of Consumer Health by Category: Value 2025-2030
- Table 18 - Forecast Sales of Consumer Health by Category: % Value Growth 2025-2030

APPENDIX

- OTC registration and classification
- Vitamins and dietary supplements registration and classification
- Self-medication/self-care and preventive medicine
- Switches

DISCLAIMER

DEFINITIONS

SOURCES

Summary 1 - Research Sources

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