



**Euromonitor
International**

Sports Nutrition in Argentina

September 2025

Table of Contents

Sports Nutrition in Argentina - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Robust current value growth in sports nutrition in 2025

Empresa De Nutricion Argentina leads, while Arcor enjoys significant dynamism with Raptor

Other non-grocery retailers leads sales, but e-commerce receives a boost

PROSPECTS AND OPPORTUNITIES

Further growth expected over the forecast period, driven by a broader consumer base

Price hikes and shortages of protein may hamper growth to some extent

Non-protein sales will grow more rapidly as creatine is recommended by opinion leaders

CATEGORY DATA

Table 1 - Sales of Sports Nutrition by Category: Value 2020-2025

Table 2 - Sales of Sports Nutrition by Category: % Value Growth 2020-2025

Table 3 - NBO Company Shares of Sports Nutrition: % Value 2021-2025

Table 4 - LBN Brand Shares of Sports Nutrition: % Value 2022-2025

Table 5 - Forecast Sales of Sports Nutrition by Category: Value 2025-2030

Table 6 - Forecast Sales of Sports Nutrition by Category: % Value Growth 2025-2030

Consumer Health in Argentina - Industry Overview

EXECUTIVE SUMMARY

Consumer Health in 2025: The big picture

Key trends in 2025

Competitive landscape

Channel developments

What next for Consumer Health?

MARKET INDICATORS

Table 7 - Consumer Expenditure on Health Goods and Medical Services: Value 2020-2025

Table 8 - Life Expectancy at Birth 2020-2025

MARKET DATA

Table 9 - Sales of Consumer Health by Category: Value 2020-2025

Table 10 - Sales of Consumer Health by Category: % Value Growth 2020-2025

Table 11 - NBO Company Shares of Consumer Health: % Value 2021-2025

Table 12 - LBN Brand Shares of Consumer Health: % Value 2022-2025

Table 13 - Penetration of Private Label in Consumer Health by Category: % Value 2020-2025

Table 14 - Distribution of Consumer Health by Format: % Value 2020-2025

Table 15 - Distribution of Consumer Health by Format and Category: % Value 2025

Table 16 - Forecast Sales of Consumer Health by Category: Value 2025-2030

Table 17 - Forecast Sales of Consumer Health by Category: % Value Growth 2025-2030

APPENDIX

OTC registration and classification

Vitamins and dietary supplements registration and classification

Self-medication/self-care and preventive medicine

Switches

Summary 1 - OTC: Switches 2024-2025

DISCLAIMER

DEFINITIONS

SOURCES

Summary 2 - Research Sources

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/sports-nutrition-in-argentina/report.